

Vancouver Ophthalmology

www.vancouverophtho.com Dr. Heather O'Donnell & Dr. Stephanie Wise

CATARACT SURGERY INFORMATION

SURGICAL COORDINATOR

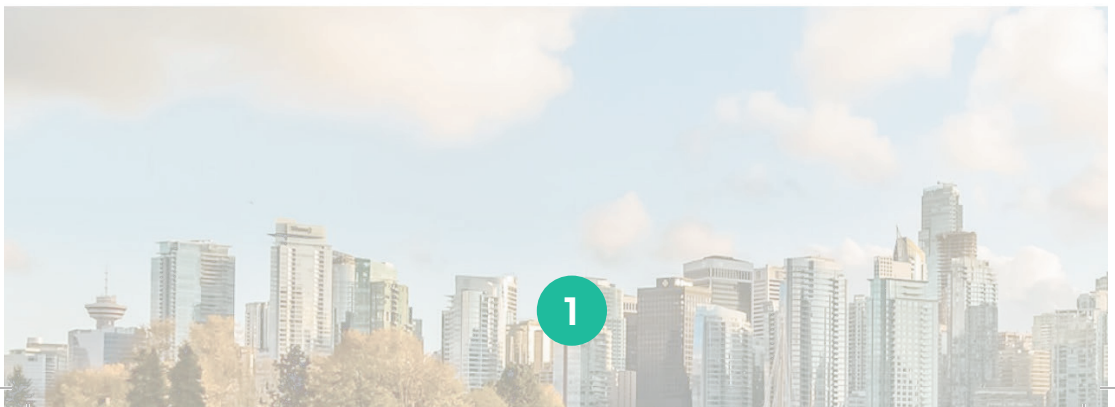
Phone 604-564-0254 (Ext. 3)

Fax 604-428-0255

OFFICE HOURS

Monday to Friday

7:30am - 4:30pm





BEFORE SURGERY

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2 WEEKS BEFORE SURGERY: LENS PAYMENT*

*This only applies if you opted for a lens implant (IOL) that is **NOT** covered by MSP:

MOUNT ST JOSEPH HOSPITAL

Call the lens office at 604-877-8195 to pay over the phone. If your lens payment is not made prior to surgery, your surgery may be delayed or cancelled.

LASIK MD

You will pay for your IOL on the day of the surgery.

3 DAYS BEFORE SURGERY: START EYE DROPS

Prescription for eye drops provided by the surgical coordinator. **If you do not have a prescription for the drops, contact the surgical coordinator immediately at 604-564-0254 (Ext. 3)**

Eye drop instructions will be printed on the bottles by your pharmacist.

Some appointments are booked on short notice and it may not be possible to start the drops 3 days ahead of time. It is still safe to go ahead with the surgery.

1-2 DAYS BEFORE SURGERY

You will receive a call from our office about the time of your surgery. Vancouver Ophthalmology does not get exact times before this.

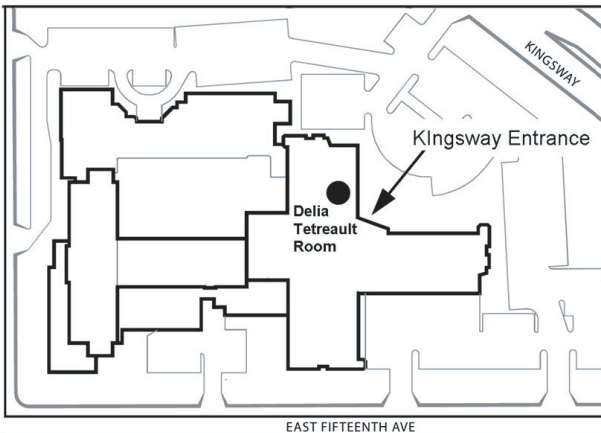
DAY OF SURGERY

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SURGERY DATE:

Your surgery day may change as emergencies come up. We apologise in advance for any inconvenience this may cause & thank you very much for your patience.

LOCATION OF YOUR SURGERY

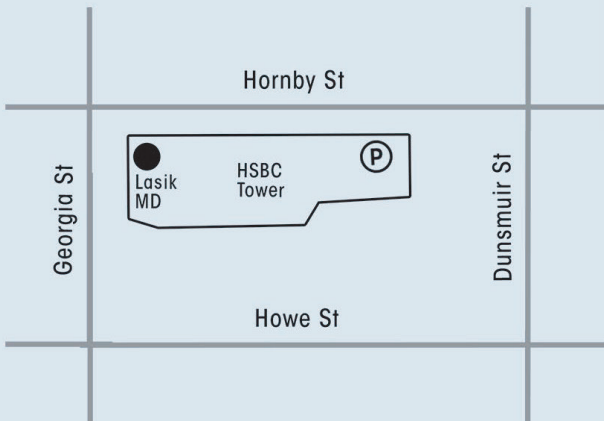


MOUNT ST JOSEPH HOSPITAL

3080 Prince Edward Street,
Vancouver, BC V5T 2N4

Delia Tetreault Procedure Room
First Floor
Use Kingsway Entrance

PHONE: 604-874-1171



LASIK MD at HSBC TOWER

Suite 110A - 885
West Georgia Street
Vancouver, BC V6C 2G2

PHONE: 604-639-8088

PARKING

Paid underground parking
entrance off of Hornby Street.

DAY OF SURGERY INFORMATION

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You will be with us for approximately 3 hours which includes waiting and preparation for the surgery, the procedure, and a wait period prior to being discharged.

For patients who do not speak English, please have a translator attend for all hospital and doctor appointments.

PREPARING FOR SURGERY

- Take all of your regular medications
- You may eat a light meal
- Do not wear make-up, perfume or contact lenses
- Wear comfortable clothing

WHAT TO BRING

- Care card & photo ID
- A list of your medications
- Cell phone (to call your ride after surgery)

DISCHARGE

You MUST arrange a ride home with someone you know. Public transit, taxi, or ride share is not acceptable.

- Start your drops 4 hours after surgery
- You will be given an eye shield. Wear this at night for 7 days after surgery.

FOLLOW-UP

You will be given a followup card for your next day appointment time. All appointments after surgery that are scheduled by the office are **mandatory**. Plan to be seen at the office the next day after your surgery. This is important for the safety of your eye.

ONE DAY AFTER SURGERY

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IT IS **NORMAL** TO HAVE:

- Blurry Vision
- Scratchy feeling
- Mild discomfort

After eye surgery, it is very important to take things easy when you go home, especially during the first week.

- No vigorous activities for 1 week. Light walking is fine.
- Do not get water into your eyes for 1 week
- No swimming for 2 weeks

You may use your eyes in your normal way (reading, watching TV) without fear of injuring them.

You may wash your hair, shower, and bathe. However, be careful to not let soap or water get into your eyes.

POST-SURGERY APPOINTMENT:

Bring the drops with you to our office
Vancouver Ophthalmology is located at:

#510 - 1200 Burrard Street, Vancouver

FREQUENTLY ASKED QUESTIONS

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What about my other eye?

If you require cataract surgery in your other eye, either because of cataract or because you feel off balance with your glasses prescription having only one eye done, your doctor will discuss this with you at your one week appointment.

What do I do with my glasses after surgery?

Your prescription will be different after surgery. You can have the optometrist replace the lens of your glasses with plain glass.

What if I am having trouble reading?

Needing glasses for reading after surgery is normal and expected. You can use a pair of over-the-counter readers after surgery until you see your optometrist.

What were my payments for?

Cataract surgery is covered by the government (MSP).

If you chose a lens with special features, the payment covers:

- Advanced testing relating to a lens that has special features that you opted for (i.e. correction of astigmatism, extended range of focus, or personalized depth of focus) which is payable to Vancouver Ophthalmology.
- The cost of the lens which is payable to the surgical facility.

When can I get glasses?

We recommend you book an appointment to see your optometrist 6 weeks after surgery.

I had my surgery recently. Why do my eyes feel irritated?

Some irritation is common after surgery. Using artificial tears can be helpful. If your surgery was more than 2 weeks ago, you can use a warm compress on your eyelids before bedtime, this will help with comfort and reduce tearing.

What should I do if I see new floaters and flashing lights?

Call the office at 604-564-0254 for an appointment.

How long does my lens last?

Lens implants are permanent and will last your lifetime. Sometimes a film can form on the back of the lens and a simple laser procedure called laser capsulotomy can be done to improve vision.

What is your cancellation Policy?

\$200.00 fee for cancellations within 48 hours of surgery date.

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