

MOUNT SAINT JOSEPH'S HOSPITAL
PROCEDURE ROOM (KINGSWAY ENTRANCE)
3080 PRINCE EDWARD STREET, VANCOUVER (12th Ave & Kingsway)

CATARACT SURGICAL CARE PATIENT INSTRUCTION PACKAGE

****PATIENTS WHO DO NOT SPEAK ENGLISH, PLEASE BRING A TRANSLATOR WITH THEM AT HOSPITALS AND DOCTOR APPOINTMENTS.****

1. **ADMISSION TIME:** We will call you one day before your surgery date and tell you what time to be at the hospital.
2. **Pre-op appointment:** This appointment is mandatory to discuss the surgery and lens choices with the doctor. Feel free to ask the doctor any questions you may have in relation to your surgery.
3. **FOOD/LIQUIDS:** Please have your usual meals before coming for the surgery.
4. **MEDICATIONS:** **TAKE** all your regular medications such as: antihypertensive, cardiac drugs, thyroid drugs, insulin, oral hypoglycemics, and antacids in the morning of surgery.
5. **BEFORE COMING TO HOSPITAL:** Shower and wash your hair. Wear comfortable clothing, preferably with button-down shirts. **DO NOT WEAR CONTACT LENSES. NO FACE OR EYE MAKE UP OR PERFUME/COLOGNE.**
6. **WHAT TO BRING:** All your medicines in their original containers, puffers (inhalers), insulin, glasses, hearing aids, care card, and picture ID.
7. **DO NOT BRING:** Jewellery, cell phone, pager, laptop computer, etc.
8. **DISCHARGE:** You will be at the hospital for approximately 3 hours which includes preparation for the surgery, procedure, and you will remain in the Day Care Unit prior to being discharged.
9. **NEXT DAY FOLLOW UP:** By appointment time, please arrive **at 510 - 1200 Burrard St. Vancouver**, for the next morning follow up. We need to test the vision and eye pressure. Please bring your eye drops to the appointment.

AFTER SURGERY:

1. You will have a clear shield over your eye. Keep the shield so that you can wear it at night during sleep to prevent unintentional rubbing of your eye. Wear the shield for one week after surgery at night time.
2. Begin your drops 4 hours after your surgery. Take all 3 drops with 5 minutes apart.
3. You may use your eyes in your normal way without fear of injuring them.
4. After eye surgery it is very important to take things easy when you go home, especially during the first week. You should rest, do light activities. No gardening, heavy housework, and sporting activities **(No swimming for three weeks)** until you have checked with your doctor.
5. You may wash your hair, shower, or bath. **BE CAREFUL NOT TO LET SOAP OR WATER GET INTO YOUR EYES.**

Please be aware there are two mandatory post- op appointments. You will need to be seen at 510-1200 Burrard Street **one day** and **one-week** post surgery. These appointments will be given to you on the day of your surgery.

CONTACT OUR OFFICE OR GO TO EMERGENCY

- ❖ If there is an increase in pain or redness or decrease of vision of the eye after surgery, these are the signs of infection. A small amount of pain and redness is normal and should decrease with time.
- ❖ New shadow or curtain in your vision or a significant change in your normal floaters indicates the possibility of a retinal detachment.
- ❖ The amount of sticky discharge from the eye increases or changes from yellow to greenish color can be a sign of infection.
- ❖ A scratchy feeling is not serious and is probably due to the wound or stitches.

Please contact our office immediately if one of these occurs:
(604-564-0254).

**If there is no answer, proceed to the nearest EMERGENCY
Department.**

****Please note, we see eye emergencies which are
unforeseeable and require urgent surgical intervention.
When this happens, we may be required to reschedule
your surgery to another date.**

We apologize in advance and for any inconvenience that may cause and thank you very much for your patience.**

BEFORE AND AFTER SURGERY EYE DROPS INSTRUCTIONS



START ALL DROPS 3 DAYS BEFORE SURGERY

- 1. Moxifloxacin – take 1 drop 4 times per day starting 3 days before surgery and continue for 1 week after surgery.**
 - 2. Lotemax – take 1 drop 4 times a day starting 3 days before surgery. Continue taking 4 times per day for 4 weeks after surgery.**
 - 3. Prolensa – take 1 drop once a day starting 3 days before surgery and continue until bottle is finished (usually about 2 weeks).**
- Surgeon may prescribe medication to control the eye pressure inside your eye. Please continue these additional medications until you are directed to stop.
 - Additional drops or substitutions may be made for your individual surgery and will be included on your prescription for the pharmacy.
 - Drops should be administered directly into the eye. Instil the drops with 5 minutes apart.
 - Try not to touch the bottle directly to the eye, it may cause an infection.

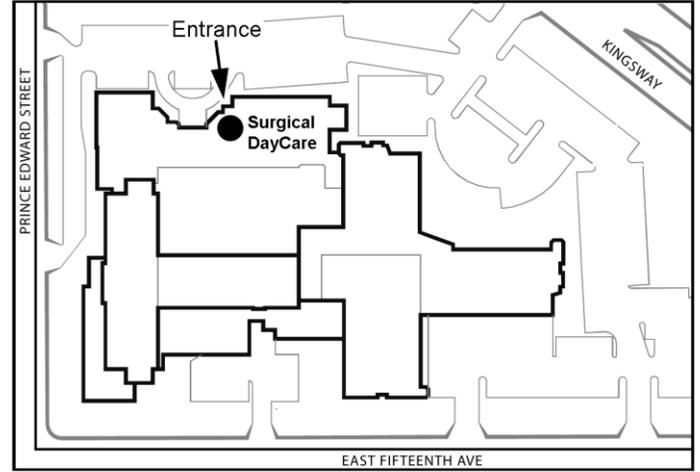
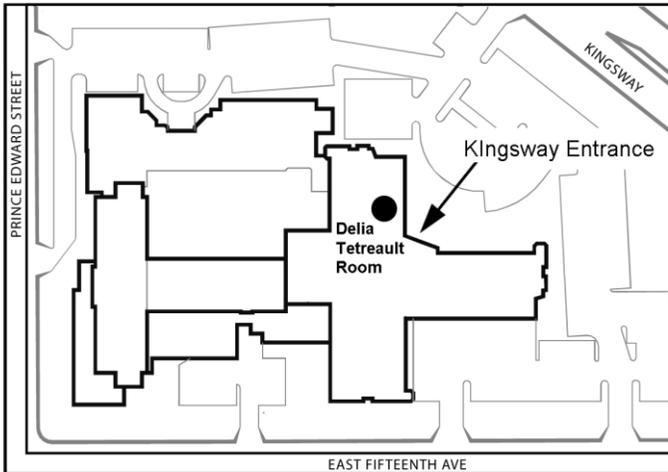
Mount Saint Joseph Hospital

Surgical Daycare Unit: Ground Floor

Delia Tetreault Procedure Room: First floor - use Kingsway entrance

3080 Prince Edward St., Vancouver, BC

Telephone: (604) 874-1141



Delia Tetreault Procedure Room Procedures include: • Eye Surgery • Cystoscopies • Minor Treatments

Declaration

By signing this form, I acknowledge and agree to these following terms and conditions:

- 1) I will attend my pre-surgical appointment, I will attend my 1-day post op and my 1-week post op appointment.
- 2) I accept that if I cancel my surgery without 2 weeks notice I will have to pay the \$200.00 cancellation fee unless I have a medical emergency
- 3) I understand that I only have two opportunities to reschedule my surgery
- 4) I understand that I must be compliant with taking my pre-op and post op drops

Patient signature

Date

Name _____